



NEWSLETTER

Fall 2006

What's inside?

Summer Sports:

- Golf
- Swimming

Spring Events:

- Basketball
- Track and Field
- Family Picnic
- Rough Riders' Night

Current Events:

- Bowling
- Halloween Party
- Volunteer call

FSO Board:

Tony Deyoe – Chairman
Justin Ryan – Vice Chairman
Mike Hale – Secretary
Lynette Anson-Briggs – Treasurer
Kristie Brown – Head of Delegation
Robert Forland – Volunteer Coordinator
Angie Whitely – Comptroller
Julie Tollefson – Assistant to Head of Delegations
Elizabeth Smathers – PR Coordinator

Frisco Special Olympics

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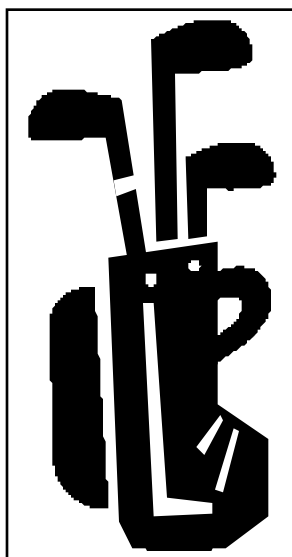
Hello parents and athletes!

Thank you for your patience - it has been awhile since our last newsletter. (I apologize for the delay!) Inside this issue, you will find many sporting event reports from the past year. You will see that the Frisco Flyers have scored challenging victories and have had fantastic opportunities for competition over the past couple of months. If you have any questions about information you see here or any suggestions, please email me. Thanks!

Sincerely,

Elizabeth Smathers

smathere@friscoisd.org



Golf!

On Saturday, September 9th, several Flyers competed in the North Texas Region Golf Tournament, held at Tenison Park Golf Course. Riley Ormston & Marcus Davis placed 2nd in the alternate shot competition. Katie Lillard was 2nd place overall in the girl's individual skills competition, and Enrique Arredondo placed 2nd in his division of the boy's individual skills competition. Thanks to Coach Justin Ryan and Coach Luke Smathers and parents for preparing the athletes for competition!



SWIM, SWIM, SWIM....

The weekend of August 25 and 26, the Frisco ISD Natatorium hosted the annual Greater Dallas Area Aquatics Competition for Special Olympics Texas. Friday evening, athletes from the Frisco Flyers, forming three relay teams, participated in the 4X25 meter freestyle relay and the 4X25 meter unified relay. On Saturday, Individual Skills competitive events began early and lasted until mid-afternoon. Frisco Flyer team member events included: 50 meter freestyle, 25 meter freestyle, 25 meter backstroke, 25 meter butterfly, 15 meter unassisted swim, 10 meter assisted swim, 25 meter flotation, and 15 meter flotation race. All Frisco athletes swam very well and many placed first in their event! Thank you to all athletes, parents, and volunteers for your participation throughout the season and during the meet.



The Women's 4X25 Relay Team strikes a pose! The men's and women's relay teams placed first in their heat on Friday evening. From front: Lauren Trauffer, Kendyl Kalb, Erika Kopecky, Jayme Brooks.



Jayme Brooks prepares to swim the 25 meter freestyle.



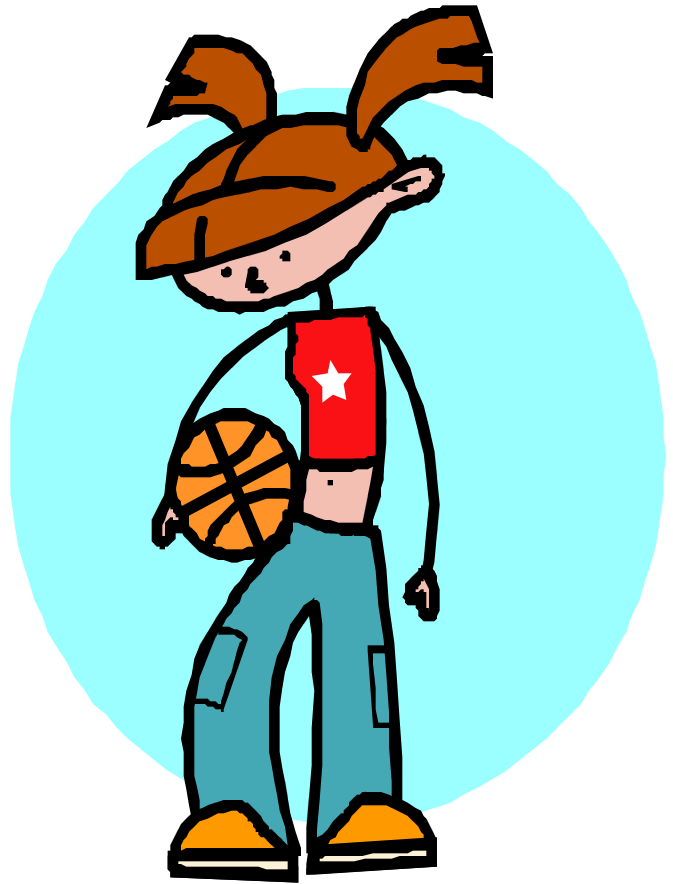
Alma Hale accepts her ribbon for competition.

BASKETBALL

Over Memorial Day weekend, seven members of the Frisco Flyers' basketball team attended the Texas State Basketball Tournament in Arlington on the UTA campus. This was Frisco's first opportunity to attend a state basketball event. The following players performed well and most of them say they are looking forward to the upcoming season:

**Shady Adhamy
Okie Akanno
Dustin Allen
Shawn Crutcher
Josh Dixon
Kevin Pierce
Derek Waniska**

Way to go basketball!!



VOLUNTEERS

Are you interested in becoming more involved with the athletes and during events? Become a Special Olympics Volunteer! There is a link for volunteers from our website address (www.friscospecialolympics.org). You may contact **Robert Forland** at **214-387-0540** or volunteer@friscospecialolympics.org.

You may also visit the Special Olympics Texas website at www.sotx.org. On the state website follow these steps to registering as a volunteer:

1. Click on the link to "Get Involved"
2. This page will offer links to information on the different ways to get involved in SO.
3. The left side of the "Get Involved" page has a box titled "Class A Volunteers". Complete the PDF tutorials for both "General Orientation" and "Protective Behaviors." You will take a short quiz at the end of each tutorial to be submitted to SO Texas for review.



UP AND RUNNING

Flyers' team members participated in several local track and field meets last Spring. On Tuesday, March 28th, seventy Frisco ISD students competed at the meet, hosted at the Standridge Stadium in Carrollton. Also, on Thursday, April 13th, middle school and high school students competed at McKinney North High School. Track and Field Competition was May 5th and 6th at Bishop Lynch High School.



Our athletes participated in 10 competitive events. These events included the 50 meter dash, 50 meter walk, 100 meter dash, 100 meter walk, 800 meter dash, 10 meter wheelchair, 10 meter assisted walk, softball throw, tennis ball throw, and running long jump. All competitors received first, second, or third place ribbons.



Team members from Frisco High School gather for a group shot at the March 28th meet.



All competitors received first, second or third place ribbons.

MARK YOUR CALENDARS:

Bowling Practice Mondays 5:30 - 6:30 PM at Strikz in Frisco ISD

FSO Halloween Party Friday, October 20th 6:00 - 9:00 PM at Grace Ave United Methodist Church

Bowling Competition TBA - during the dates October 31st to November 4th

Basketball Practice TBA - to begin soon!

FSO Holiday Party TBA - Early December

photo of the Season



Katie Lillard at the North Texas Region Golf Tournament with coaches Ryan and Smathers.

Frisco Special Olympics

Rough Riders Night

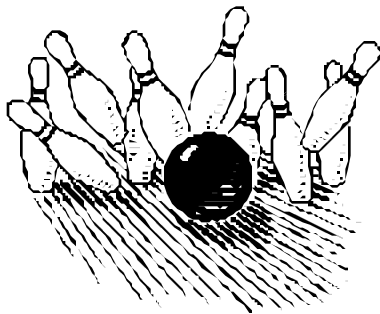


Friends and family enjoyed an evening full of baseball, hotdogs and fireworks in April during the Frisco Rough Riders night.



From Left: Coley Whitley, Tony Whitley, Jayme Brooks, and Heather Collins enjoy watching the baseball game together.

BOWLING



Fun and exciting bowling practice has started again during the school day. However there is also a weekly evening practice from 5:30-6:30 at **Strikz** in Frisco. If you are interested in attending, please contact Kristie Brown. The annual Bowling Competition will be held sometime during October 31st - November 4th.

Frisco Flyers' Halloween

When? Friday, October 20th 6-9 PM

Where? Grace Ave United Methodist Church, 3521 Main Street (corner of Main and the Tollway)

What? Costumes, bounce house, hayrides and dance!

Who? Frisco Flyers athletes, their parents and siblings - *come in costume!*

RSVP call Susan Clark so we can have a count of people coming!

